

# **Creating a Home Altar**

Let's create a special, sacred space at home! A home altar gives you a place to gather and worship. You can sing, pray, read the Bible or even ask God to be present at your family meeting!

## Why a home altar:

- To create a gathering place at home that is calm and filled with the Holy Spirit
- To have a place to worship together either watching something online or family worship
- To have a place for family or individual quiet time, reflection or meditation

# A couple of thoughts:

- Your family should love the altar you create
- Ask the kids to take the lead
- Keep it simple don't look at pinterest first
- Keep it comfortable find a space where you can all sit comfortably nearby. It doesn't
  have to be a big space a window sill, a tray that sits on the sideboard and can be
  moved to a comfortable space, maybe you have enough space to dedicate a piece of
  furniture or a guest room to it (but don't tuck it so far out of the way it gets forgotten!)
- Let it evolve some elements might stay forever, but some may change with your changing preferences or the seasons or the needs of your family

## Elements to place on your altar:

- A cross drawn, two twigs lashed together or a family heirloom
- A candle
- A cloth
- Items collected in nature shells, leaves, rocks
- Children's art
- Pictures or something that reminds you of a favorite saint
- Anything that brings you calm and joy

#### Pray over your family altar:

Loving God, we give you thanks for our home and our family. We ask that you bless us and bless this space in which we will share your love with each other. Be with us here as we pray and learn and laugh together. Help us to use this time to share our gifts and love with the world as you shared Jesus with us to lead the way. In Jesus' name we pray, Amen.