



## Worship with us this Sunday

Our regular worship schedule, as listed at the bottom of this email, will continue this week. Please join us for this week's forum with special guest, the Rev. Gary Jones.

For details on all our of activities during Lent, continue reading.

Healing Prayer is returning! Sunday, March 6th at the 9:00 and 11:15 am Eucharists. [For more information on Healing Prayer, visit this link.](#)

As of this Monday, March 7, masks will once again become optional at St. Columba's for gatherings and worship. Any who wish are welcome to wear a mask. In order that all who wish may gather together, the first guideline is "no judgment; respect the choices that other's make". For more information on this change, [please visit this page.](#)

## More events for you

### Lent Events

#### **This week's Forum: "Welcoming soul and weaving community in a wounded world" with the Rev. Gary Jones**

**When: Sunday, March 6 at 10:15 am in the Nave and livestreamed**

The Quaker writer and spiritual guide, Parker Palmer, noted that the soul is inherently shy and will remain hidden in times of contentiousness, division, selfishness, and violence. Harry Williams, a noted dean at Cambridge

University, as well as a beloved priest, monk, and New Testament scholar, predicted that the only churches that will thrive in the future will become schools and centers of contemplation. In our next two forums, Rev. Gary Jones, recently retired rector from St. Stephen's Church in Richmond, will ponder themes of "returning home" and "uncovering buried treasure" – how ancient Christian insights have much to offer those who seek to welcome soul, our true life and peace, in a chaotic, stressful, and often violent world.

We invite you to join us during the season of Lent. For more information on a particular event or to register, click the title. For more information on all Lent events, [visit this page](#).

[Lenten Book Study: Entering the Passion of Jesus: A Beginner's Guide to Holy Week](#) - continues Tuesday March 8, 6:50-8:00 pm and/or Wednesday March 9, 10:00-11:15 am on Zoom. Weekly.

[Lenten Compline](#) - begins Sunday, March 6, 2022, 7:30 PM. Weekly.

- [Legos for Lent](#) - begins Wednesday, March 9, 2022, 4:45 PM. Weekly in person and on Zoom.

[Lenten Labyrinth Walk](#) - Tuesday, March 8, 7-8:30 p.m.

[Contemplative Chapel](#) - Wednesdays in Lent Wednesday, March 9, 2022, 6:30 PM. Weekly in person or on Zoom.

[The Sum of Us Parents Group](#) led by the Rev. Amy Molina-Moore Wednesday, March 9, 2022, 8:00 PM on Zoom.

[Stirring the Waters Book Group: The Sum of Us](#) led by Stirring the Waters and the Antiracism task force. April 6, 2022, 8:00PM.

[Adult Confirmation](#) A six week class beginning in the evenings on March 23rd at 8pm. [Email Joshua for more information here](#).

## **Lenten Labyrinth Walk**

**When: Tuesday, March 8, 7-8:30pm in the Great Hall**

Our Labyrinth offers a quiet and peaceful place where you can tune in to your small still voice within. Walk the candlelit path, or just sit with the soothing piano music played by St C's musicians. All are welcome. Please begin your walk by 8 p.m.

## Legos for Lent

**When: Wednesdays, March 9 - 30 and April 6 from 4:45pm-6pm in person or on Zoom**

Aslan is on the move! Join Ms. Katie on Wednesdays during Lent as she steps through the wardrobe into Narnia for a fun and exciting Legos for Lent this year! Columbans of all ages are welcome to join in person or on zoom! If you would like to get started reading the story, it is widely available at libraries, from bookstores and online. [If you'd like to listen to the story, it's available for free here](#) and through online audiobook subscriptions. [Registration is now open!](#)

## Housing Up Spring Fling

**When: Saturday, March 19th 12:30pm at Fort View Apartments**

Join St. Columba's parishioners and Housing Up families to celebrate Spring-new life, and warmer weather! Meet new people, enjoy carnival games, friendly conversation, fellowship and pizza! [Register here.](#)

## Help Wanted: Volunteer with Good Shepherds and Grate Patrol

Like to cook? Interested in delivering meals? Looking for ways to get involved with your family?

[Good Shepherds](#) and [Grate Patrol](#) ministries would love your help. Good Shepherds ministry provides home-cooked meals to parishioners who have experienced illness or are in a time of joy or sorrow. They need cooks and drivers. Grate Patrol offers food and fellowship in partnership with The Salvation Army. Your help is welcome to make sandwiches, buy oranges and water, and follow the Salvation Army van to several stops for meal delivery on the second Tuesday of each month.

Contact [Debbie DuSault](#) at [goodshepherdsleader@columba.org](mailto:goodshepherdsleader@columba.org) for more information about Good Shepherds. Jen Swift and Amy Howe coordinate Grate Patrol and can be reached at [gratepatrol@columba.org](mailto:gratepatrol@columba.org).

*Sermons, Daily Breads, and Faith Stories are available as podcasts on Spotify and Apple Podcasts. Listen and subscribe!*

## Engage

Our pastoral team is here to help with everything: emergencies, spiritual guidance and direction, and conversation. [Visit this page](#) or contact the [Pastoral Team](#) for more information.

[Stay up-to-date on all our Sunday events on our website!](#)

Please worship with us in person at 8 am, 9 am, and 11:15 am or join us streaming on [our YouTube page](#).

Wee Worship will be at 9:15 am in the Great Hall and distanced.

Formation hour is at 10:15 am in the Nave and livestreamed on YouTube.

### **Weekly drop-in Bible studies**

Sunday Bible Study - **10:15am** - with [David Griswold](#) - via Zoom and in room 212.

*Contact the session leader for more information.*

Wednesday Bible & Book Study - **10:00am** - with [David Griswold](#). *Always open to new or periodic participants. Contact the session leader for call-in instructions.*

Thursday Morning Bible Study - **weekly at 9 am** via Zoom. Contact [Jon McBride](#) for call-in instructions.

# Gathering

Learn more at [Columba.org](https://Columba.org).

## ***How to Find us Online***

*Need a crash course in finding things online?*

*Here are some helpful links ...*

**Connecting During Covid** [View St. Columba's COVID policies here.](#)

### **#ColumbaDailyBread**

Click [here](#) for an archive of [#ColumbaDailyBread](#) inspirations or find them on [St. C's YouTube Channel](#). [#PassTheBread](#) and join the conversation by including [#ColumbaDailyBread](#) in your social media posts.

**Instagram** Download the Instagram app on your phone, go to St. C's on [Instagram](#) at [@stcolumbas.dc](#) and follow us.

### **St. C's Nursery School**

For live events, go to the Nursery School's [Facebook](#) page.

**Zoom Video Conferencing** When looking to join a Zoom meeting, contact the meeting leader by email and ask for the meeting link and meeting ID number. Passwords may be required. **Note:** You may opt to join the meeting via telephone also, by using the call-in telephone number.

Visit [Columba.org](https://Columba.org)



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